

# Carin Jennie Estey

---

Theatre Artist; *Intimacy Professional, Director, Stage Manager, Teaching Artist, Playwright, Performer*

carinestey@gmail.com | 860-949-4484 | carin-jennie-estey.com

## Intimacy Professional Experience | Theatre:

---

<i>Ava and Ty</i>	Intimacy Director	Taproot Creatives The Chain One-Act Festival, 2024 The Chain Theatre, Manhattan, NY
<i>Ride the Cyclone</i>	Intimacy Director	Chestnut Street Playhouse Norwich, CT, 2024
<i>Ava and Ty</i>	Intimacy Director	Taproot Creatives Soop to Nuts Short Play Festival, The 530 Studio, Pelham, NY, 2024
<i>Without God As My Lover</i>	Intimacy Director	Taproot Creatives Philly Fringe Festival Philadelphia, PA, 2024
<i>The Second Step Players Reboot</i>	Intimacy Consultant	Artreach, Inc. Chestnut Street Playhouse Norwich, CT, 2024
<i>Something Rotten!</i>	Intimacy Director	Bradley Playhouse, Bradley, CT, 2024
<i>Without God As My Lover</i>	Intimacy Director	Taproot Creatives Theater for the New City Manhattan, NY, 2024
<i>The Waiting Room</i>	Intimacy Consultant	Artreach, Inc. Workshop Residency at The Eugene O'Neill Theatre Center Waterford, CT, 2022
<i>gerstl took the easy way out</i>	Intimacy Director	Notch Theatre Co. Ice Factory at The New Ohio Manhattan, NY, 2023

<i>The Waiting Room</i>	Intimacy Consultant	Artreach, Inc. Workshop Residency at The Dragon's Egg, Ledyard, CT, 2022
<i>gerstl took the easy way out</i>	Intimacy Consultant	Notch Theatre Co. Workshop Residency at The Eugene O'Neill Theatre Center Waterford, CT, 2022
Solace	Intimacy Consultant	Emergent Theatre Productions, Hygienic Art Park New London, CT, 2021

**Intimacy Professional Experience | Theatre: / TV and Film:** \_\_\_\_\_

<i>Men Like Us</i> (Pilot)	Intimacy Consultant	Prod. Sideeq Heard/Donathan Walters
<i>Carbon Men Salvation: The Senator's Dilemma</i>	Intimacy Consultant	Music TO Ears Productions

**Directing Experience:** \_\_\_\_\_

Disco Cats vs. Rock and Roll Rats	Director	The MARC Players Oddfellows Playhouse, Middletown, CT, 2024
The Second Step Players Reboot	Director	Artreach, Inc. Chestnut Street Playhouse Norwich, CT, 2024
Stone Soup	Director	The MARC Players Oddfellows Playhouse, Middletown, CT, 2024
The Pirate Games	Director	The MARC Players Oddfellows Playhouse Middletown, CT, 2024
Dragon Guards	Director	The MARC Players Oddfellows Playhouse Middletown, CT, 2023

The Lorax	Director	The MARC Players Oddfellows Playhouse Middletown, CT, 2023
Where the Wild Things Are	Director	The MARC Players Oddfellows Playhouse, Middletown, CT 2022
Octopus's Garden	Director	The MARC Players Oddfellows Playhouse, Middletown, CT 2022
<i>Finders Weepers</i>	Director	<i>Legacy Theatre Playwrights Circle Festival of Plays</i> The Legacy Theatre Branford, CT, 2022
Electro Vs. The Winter Warrior	Director	The MARC Players, Oddfellows Playhouse Middletown, CT 2022
<i>King of Hearts,</i>	Director	Self Produced Reading as part of A Grant from My Friend Abby Virtual Production, 2021
<i>Stir Crazy: Comedy from the Pandemic,</i>	Co-Director	Artreach, inc. Virtual Production, 2021
<i>End of the Movie</i>	Director	Prod. Audrey Lang Virtual Workshop, 2020
<i>a/in/the/of,</i>	Director	ONE ACT: ACT ONE Play Festival 2020 The Secret Theatre, Queens, NY
<i>The Mystery of Edwin Drood,</i>	Assistant Director	Savoyards Ithaca The Hangar Theatre, Ithaca, NY, 2017
<i>Dead Man's Cell Phone,</i>	Director	IC Players Ithaca College, Ithaca, NY, 2016
<i>The Jungle Book, Kids!,</i>	Director	Broadway Kids & Company Nathan Hale School New London, CT, 2016
<i>Hairspray,</i>	Assistant Director	Broadway Kids & Company

East Lyme High School,  
East Lyme, CT, 2016

*The Vagina Monologues*, Assistant Director

IC Players  
Ithaca College, Ithaca NY, 2016

**Educational Directing Experience:** \_\_\_\_\_

*Ten Minute Playfest*, Director, Ithaca College Department of Theatre Arts  
The Clark Theatre, Ithaca, NY, 2019

*Morning* Co-Director, Ithaca College Department of Theatre  
The Clark Theatre, Ithaca, NY, 2018

*alex getting better*, Director, Prod: Audrey Lang  
Ithaca College, 2018

*Ten Minute Playfest*, Director Ithaca College Department of Theatre Arts  
Ithaca College, 2018

*The Soldier's Tale*, Director, Whalen Center for Music,  
St. Luke Church, Ithaca, NY, 2017

*Ten Minute Playfest*, Director Ithaca College Department of Theatre Arts  
Ithaca College, Ithaca, NY, 2016

*Violet*, Assistant Director Ithaca College Department of Theatre Arts  
The Clark Theatre, Ithaca, NY, 2019

*Luna Gale*, Assistant Director Ithaca College Department of Theatre Arts  
The Earl McCarroll Studio, Ithaca, NY, 2017

**Selected Playwriting Experience:** \_\_\_\_\_

*Beyond the Bet*

- Commissioned piece for Artreach, Inc.
- One of five writer-performers for an all-new monologue piece about Problem Gambling

*The Second Step Players Reboot*

- Sketch Comedy Show performed at Chestnut Street Playhouse in 2024
- Co-writer

*Gun Training for Teachers*

- Selection for Chestnut Street Playhouse's Fourth Annual Playwrights Festival,

*Stir Crazy: Comedy from the Pandemic*

- Virtual Production for Artreach, inc. January 2021
- Co-writer
- Presented in part at the National Arts and Health Organization Conference 2021

*Flightless Birds*

- Performed at Mayfly 24 Hour Theatre Festival, 2020

*Roe v. Wade: A Satire in One Part*

- Published in ZoetIC Literary Magazine, 2019
- Winner of Best in Drama Category for ZoetIC Literary Magazine, 2019

*King of Hearts*

- Produced as a reading as part of a Peer Grant Project funded by My Friend Abby focused on suicide prevention and the arts.
- 2017 Ten Minute Playfest, Ithaca College
- Performed at the New Play Incubator at Ithaca College
- Published in ZoetIC Literary Magazine, 2019

*I AM...*

- Co-Playwright
- 2015-2016 Tour with WATERFORDrama

*Maybe*

- Performed as part of the 2017 Bright Theatre Festival

*A World with Three Sides*

- 2013 Young Playwrights Festival The Eugene O'Neill Theatre Center

*Just a Couple of Coffees*

- 2011 Semi-finalist for Young Playwrights Festival The Eugene O'Neill Theatre Center

**Selected Stage Management Experience:** \_\_\_\_\_

The Next Up Music Festival	Stage Manager	Westerly, Rhode Island, 2024
<i>The Second Step Players Reboot</i>	Production Stage Manager/ Production Design	Co. Dir. Emma Palzere-Rae Artreach, Inc.
<i>Breaking Glass</i> 2022	Production Stage Manager/ Projection Design	Dir. Kato McNickle Emerson Theatre Collaborative,
<i>The Waiting Room</i>	Stage Manager/ Intimacy Consultant	Dir. Sideeq Heard Prod. Artreach, Inc. 2023

<i>gerstl took the easy way out</i>	Production Manager Intimacy Director	Dir. Olivea Teague, Notch Theatre Company, 2023
<i>The Waiting Room</i>	Stage Manager/ Intimacy Consultant	Dir. Sideeq Heard Prod. Artreach, Inc. 2022
<i>Breaking Glass</i>	Production Stage Manager/ Projection Design	Dir. Kato McNickle Be Well Productions, 2022
<i>gerstl took the easy way out</i> Workshop production	Production Stage Manager/ Intimacy Consultant	Dir. Olivea Teague Notch Theatre Company, 2022
<i>The Horseshoe Curve</i>	Production Stage Manager/ Virtual Production Designer	Dir. John Mudd, Prod. Joseph Urbanito, 2021
<i>Imaginary Friends</i>	Production Stage Manager/ Virtual Production Designer	Dir. Sandra Laub Virtual Production, 2021
<i>Solace</i>	Production Stage Manager	Dir. Nathan Caron Emergent Theatre Co., 2021
<i>Aunt Hattie's House: Revisited</i>	Production Stage Manager/ Virtual Production Designer	Dir. Albert Cremin Be Well Productions <i>Virtual Production, 2021</i>
<i>Stir Crazy: Comedy</i> <i>from the Pandemic</i>	Production Stage Manager/ Virtual Production Designer	Prod. Artreach, inc, Virtual Production, 2020
<i>The Woodhull Project,</i>	Production Stage Manager/ Virtual Production Designer	Dir. Albert Cremin Be Well Productions <i>Virtual Production, 2020/21</i>
<i>The Woodhull Project,</i>	Production Stage Manager,	Dir. Emma Palzere-Rae Hartford Fringe Festival, 2019
<i>Second Step Players; A Relevant</i> <i>&amp; Irreverent Look at Mental Health</i>	Production Stage Manager	Artreach, inc. Tour; Various Locations, 2019
<i>Bee Trapped Inside a Window,</i> (World Premiere)	Assistant Stage Manager	Civic Ensemble, 2018
<i>Fastblood,</i> (World Premier)	Stage Manager	Civic Ensemble Ithaca, NY, 2018

<i>The Mystery of Edwin Drood,</i>	Stage Manager	Ithaca Savoyards The Hangar Theater, 2017
<i>Barefoot in the Park,</i>	Stage Manager	Saybrook Stage Company, The Katharine Hepburn Cultural Arts Center, 2017
<i>Muthaland, 2017</i>	Production Stage Manager	The Clark Theatre Prod. Kathleen Mulligan, 2017

**Selected Performance Experience:** \_\_\_\_\_

<i>Beyond the Bet</i>	Cori	Prod: Artreach, Inc., 2024
<i>Carbon Man: The Senator's Dilemma</i> (Film)	Lead	Prod. Roger James Kuhns
<i>Legacy Theatre Playwrights Circle Festival of Plays</i>	Various characters	The Legacy Theatre, 2022
<i>Second Step Players; A Relevant &amp; Irreverent Look at Mental Health</i>	Various Characters	Artreach, Inc. Tour; various locations, 2019
<i>Miss Julie,</i>	Julie	Eastman Productions Hockett Hall, Ithaca, NY, 2017
<i>Rapture, Blister, Burn,</i>	Avery	Studio 6 IC Players, 2016

**Teaching Artist Experience:** \_\_\_\_\_

**Oddfellows Playhouse**- *Teaching Artist*

*January 2022-Present*

- Led classes with MARC
- Created adaptive rehearsal and performance techniques for adults living with developmental disabilities.
- Wrote and directed original, adaptive theatrical performances.

**Artreach, inc.**- *Teaching Artist*

*May 2019-Present*

- Provided classes and workshops including Acting and Scene Study, private monologue coaching, and creative coaching and goal setting.
- Created adaptive rehearsal and performance techniques for adults living with mental illness
- Wrote and directed sketch comedy for members of the Second Step Player Theatre Troupe

## **Safe Spaces Workshops**

*May 2021-Present*

- Founder
- Establishing and Maintaining a Culture of Consent in Rehearsal
  - Lead Facilitator, curriculum developer
- Defining Power and Personal Responsibility in Rehearsal and Production
  - Lead Facilitator, curriculum developer
- Recognizing the role of Unconscious and Implicit Bias in our Artistic Choices
  - Assistant facilitator

## **YMCA of Ithaca, NY- Curriculum Development Assistant/Outdoor Education Intern**

*Jan. 2019- May 2019*

- Created and facilitated after school workshop, ages 5-16
- Wrote lesson plans to assist staff in the development and implementation of future workshops
- Created curriculum for a combination art and outdoor education camp, ages 8-12

## **Summer on Stage- Teaching Artist**

*Summer 2016*

- Assisted in management and teaching of children ages 6-16
- Created daily exercises for campers who were not working directly on the main performance with Missoula's Children Theater

## **Public Speaking:**

---

### **Ivoryton Women Playwrights Festival- Panelist, 2022**

- Hosted by the League of Professional Theatre Women
- Topic: keeping theatre relevant.

### **Creating Safe Theatre Spaces- A Free Workshop Series, 2022**

- Managed two days of connection and workshops for theatre artists
- April 2022: The Eugene O'Neill Theatre Center
- May 2022: The Norwich Arts Center
- Funded by the Connecticut Office of the Arts, Artists Respond Grant

### **National Organization of Arts and Health- Workshop host, 2021**

- Presented on the making of a virtual sketch comedy show during the pandemic with adults in recovery for mental illnesses and addiction.
- Distributed adaptive theatre techniques/materials.
- Discussed the benefits of theatre as psychosocial rehab.

## **Certifications:**

---

- Certified Consent Forward Artist- *Intimacy Directors and Coordinators*
- Mental Health First Aid- *Behind The Scene Foundation, 2022*
- COVID Compliance Officer- *Health Education Services, 2021*
- Certified Inclusivity Assessor- *InclusionU, 2018*



**Education:**

---

Ithaca College B.A. Theatre Studies/Minor in Recreation Class of 2019;  
Focuses in Directing & Playwriting, Graduated Magna Cum Laude

Directing: Wendy Dann, Bob Moss

Playwriting: Saviana Stanescu

Acting: Barbara Anger, Judy Levitt

Dramaturgy: Walter Byongsok Chon

Completion of Level I of Intimacy Direction Certification, Intimacy Directors and Coordinators

Completion of Level II of Intimacy Direction Certification, Intimacy Directors and Coordinators

Completion of three-part Directing Intimacy with Minors Workshop

Completion of Stage Managing Intimacy Class

Ithaca College London Center, Spring 2018

**Skills:**

---

Intimacy direction, Consent education, Curriculum development, adaptive performance/rehearsal techniques, unarmed stage combat; Certified Inclusivity Assessor; Licensed Connecticut driver; Mental Health First AID certified; basic special effects stage makeup; beginner guitar; ukulele; hand percussion, good with children and animals.

**Awards and Honors:**

---

Silver Winner - Actress in a Leading Role for Carbon Man: The Senator's Dilemma  
International Independent Film Awards, 2024

Recipient of ARPA Arts funding from the City of Norwich, CT

Recipient of the Elizabeth L Mahhaffey Arts Administration Fellowship for 2022

Recipient of 2021 Artists Respond Grant from the Connecticut Office of the Arts

Recipient of a Peer Project Grant award from My Friend Abby, 2020

Winner Best in Drama for ZoetIC Magazine, 2019

Winner of the John W. Werly Scholarship for excellence in Theatre, 2016-2017, Ithaca College

Winner of the Connecticut Educational Theatre Scholarship, 2014

Guest Playwright at The Eugene O'Neill Young Playwright's Festival, 2013

***References Available Upon Request***